International HPH Network

Thor Bern Jensen MA (Comm.)
Technical Officer the International HPH Secretariat
WHO Collaborating Centre

RESEARCH  EDUCATION  SCIENTIFIC JOURNAL  HPH  CLINICAL EFFECT DATABASES

PPP Project

AAA Activity
My presentation

• HPH Network
• Structure & Constitution
• HPH Research
• HPH Teaching & Training
• HPH Tools
• Advantages for HPH membership & Signing up for new members
International Network of Health Promoting Hospitals & Health Services

www.whocc.org  www.hphnet.org

International HPH Secretariat, WHO CC
Bispebjerg University Hospital, Bispebjerg Bakke 23, 20C
DK-2400 Copenhagen NV, Denmark

Mail: thor@whocc.dk  Phone: +45 3531 2263
International Network for HPH & HS

A Network of N/R Networks

• Established by WHO in 1995 and aimed at patients, staff and community

(Ottawa Charter 1986, and Vienna Rec. 1997)
More than 950 hospitals and health services world wide
<table>
<thead>
<tr>
<th>Centre Hospitalier Universitaire de Brest</th>
<th>Centre Hospitalier Universitaire de Nice</th>
<th>Centre Hospitalier Universitaire de Caen</th>
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</thead>
<tbody>
<tr>
<td>CORES Basse-Normandie</td>
<td>Centre Hospitalier de Bayeux</td>
<td>Centre Hospitalier de Vire</td>
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<td>Centre Hospitalier de Falaise</td>
<td>Centre Hospitalier Victor Jousselin</td>
<td>Centre Hospitalier Louis Pasteur</td>
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<td>Centre Hospitalier de Roubaix</td>
<td>Centre Hospitalier de Valenciennes</td>
<td>Centre Hospitalier Sambre Avesnois</td>
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<tr>
<td>Centre Hospitalier du Havre</td>
<td>Centre Hospitalier de Martigues</td>
<td>University Hospital de Fort-de-France</td>
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HPH Member Fee/Year

- 250 Eur per H/HS
- 150 Eur for new EU countries
- 150 Eur for Low Middle Income countries (UN List)
- 100 Eur for least developed countries (UN List)
HPH Member Fee/Year

250 Euro annually per H/HS, or for bigger organisations:

0 to 1000 Employees = 250 Eur
1000 to 2000 = 500 Eur
2000 to 3000 = 750 Eur
3000 to 4000 = 1000 Eur
(and so forth)
Online Payment

Standard HPH Membership

Buy Now

Reduced Fee HPH Membership (Lower middle income and New EU Countries)

Buy Now

Developing Country HPH Membership (Developing countries and low income countries)
HPH: Development, Structure, Organization and Constitution
HPH Constitution

Purpose and Objectives, rules for decisions and relationships w. members and partners

Mission
• ”HPH shall work towards incorporating the WHO concepts, values, strategies and standards or indicators of HP into the organizational structure of the H/HS”

Vision
• ”Increase the contribution of H/HS to better health gain through HP”

Background for HPH Constitution: Ottawa Charter, Budapest Declaration, Vienna Recommendations, Jakarta Declaration, Bangkok Charter and WHO Standards for Health Promotion in Hospitals
HPH Development

1988 – 97 From Project to European Network

2004 Int. HPH Network and Secretariat
2005 Gen Assembly & Governance Board
2008 HPH Constitution
2009 HPH Strategy (3rd strategy 2013)
2010 MoU & New website
2011 Scientific journal of Clinical HP research and best practice – aimed at patients, staff and community
2013 Scientific Society
How we work

Priorities 2011 – 2013
Growth & Member Care
Visibility & Publication
Partnerships & Aff. Members
Qualitative Growth

Action Plan
HPH Structure

- General Assembly
- Governance Board
- WHO CC Copenhagen
- WHO CC Vienna
- HPH Secretariat
- National/Regional Networks
- Individual hospitals/health services
- Task Forces
- Working Groups
Organizational bodies

- **General Assembly**
- National / Regional HPH Coordinators
- WHO CC representatives
- WHO representative (observer)
- Task Force Leaders
- Observers from upcoming networks

- **Governance Board**
- 7 elected members (TW, IT, FIN, AUS, ES, EST, THA)
- 2 WHO CC representatives (Vienna, Copenhagen)
- 1 WHO representative
HPH Task Forces

- Migrant-Friendly Health Care *(IT)*
- Children & Adolescents *(PT/SCOT)*
- Psychiatric Services *(D)*
- Alcohol Intervention *(N)*
- HPH and Environment *(TW)*
- Physical Activity *(SE)*
- Healthy Aging *(TW)*
Working Groups (established and ongoing)

- HP for Staff and a Healthy Workplace
- Patient Safety
- HP in Non-Hospital Organizations
- HP & Surgery
Dissemination of Health Promotion Research

www.clinhp.org
Examples: HPH Research
Best Evidence-Based HP
Includes three parts

Best Evidence
Staff expertise
Patient preference

Evidence degree: Pyramid

(Eccles M BMJ 1998)
Factors of importance for the outcome in patient pathways

• Disease / diagnosis
• Intervention
• Organisation
• Individual patient-related risk factors
  – Health
    • Diet and nutrition
    • Smoking
    • Alcohol
    • Physical activity
  – Co-morbidity (chronic diseases)
Description

Unhealthy lifestyle ➔ Lifestyle-related physical and psychosocial damage

Aggravation of other diseases & conditions, outcome & prognoses

Intervention ➔ Reduced lifestyle-related damages

Better lifestyle ➔ Improved outcome & prognoses of others
Adding HP to surgery

Alcohol cessation int. Colorectal Resection
Postop complications (BMJ 1999)

Smoking cessation int. Hip/Knee Replacement
Postop complications (Lancet 2002)

Physical exercise int. Major spine Surgery
Postop recovery (Clin rehab 2011)
Examples:
HPH Teaching and Training
Clinical expertise
The influence of specially trained nurses

- 100 + 100 Emergency patients (smokers and alcohol abusers)
- 47 of 100 accepted when offered brief intervention by the staff nurses
- 97 of 100 accepted when offered Brief Intervention by an experienced/trained nurse from another department

Teaching & Training

- WHO HPH Schools
- PhD Courses
- Physicians
- Diploma Nurses
- Pre-graduate Courses
- Master of Clin HP (2014)

- Evaluation Project
WHO-HPH Schools

WHO-HPH School in the Republic of Korea October 2010
WHO-HPH Summer School in Finland June 2011
WHO-HPH Autumn School in CZ Sep. 2011
WHO-HPH Winter School in Thailand February 2012
WHO-HPH Summer School in Taiwan April 2012: Teaching Curriculum & Visibility of National Networks

HPH Summer School in Gothenburg May 2013: Promoting a Healthy Workplace
Examples of HPH Tools
Implementation tools

Visions & Values: Ottawa Charter, Budapest Declaration, Vienna Recommendation, HPH Constitution, etc

HPH strategy to put HP into action

Monitoring effect (QM + DRG)

Standards & Indicators

EB Clinical guidelines

Education
Exchange of knowledge and experience

- International HPH Conference
- National and regional conferences, workshops and meetings
- GA Meeting
- Staff exchange program
- WHO Schools (Summer, Autumn, Winter)
- Task Forces
- HPH Newsletter
- Scientific Journal
- Scientific Society
Website:
Exchange of knowledge & experience

www.hphnet.org

- HPH Library
- Toolbox
- Reporting HP Standards
- Best practice database (new function)
- Discussion Forum and Project Zones
- News and Links
- Progress reports from Networks & TF (online now – collated and stand-alone)
WHO Standards for HP

5 Q Standards acc. to ISQUA criteria

1. Management policy of HP
2. Patient Assessment
3. Patient Intervention and Info
4. Promoting a healthy workplace
5. Continuity and cooperation
WHO Standards for HP

1. Management policy of HP
2. Patient Assessment
3. Patient Intervention and Info
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5. Continuity and cooperation
Conclusion – What is the advantage of a HPH membership?

So what can a Individual HPH members gain:

- **Collaboration** with Nat. and Int. colleagues
- **Existing/ tested Framework** – make implementation easier and more understandable.
- **Inspiration/ Facilitation** – How to start new HP Initiatives
- **Toolbox** – Access to all HPH tools, standards and guides (eg. Healthier Workplace)
- **Access to new and updated knowledge** (automatic)
- **Invitation to participate** in all International research projects
- **Reduced fees** at HPH Schools and Int HPH Conference
- **Support of scientific publications & scientific society**
Conclusion – What is the advantage of a HPH membership?

So what is the benefit for the French HPH Network

- The facilitation and support of further development of the French HPH Network
- Well-established international network of HPH colleagues with easy and effective identification of collaborators
- Even further inspiration on national implementation (cases, best practices, research)
- Education, teaching, staff exchange and training (HPH Schools)
- International Advocacy of the HP work in France
- Visibility on Int HPH Website (subsite)
- … Synergy (when 2 + 2 > 4)
Obligations

What does the individual member obligate themse

• Supporting WHO principles on Health Promotion (Ottawa Charter, Vienna Recommendation, Jakarta Declaration, Bangkok Charter)
• Following the existing guidelines for Health Promotion (e.g. Work toward a Smoke Free Hospital/ campus)
• Identification Hospital/ Health Service Coordinator
• Support of the Coordinator
• Payment of HPH fee

National obligations:

• Support of National Coordinator and a fruitful collaboration between all members. Collecting member fee.
• National meetings, development of National HPH Strategy, deliver periodically HPH Progress Report.
Scientific Society

• Offers researchers the opportunity to exchange knowledge and build on research-oriented collaborations.
• Non-profit corporation organised exclusively for charity, educational and scientific purposes
• Special focus on young researchers and offer support and encouragement for this group
Scientific Society

Five member categories:

- Professor board
- PhD club
- Master members/ fellows
- Young researchers
- members/ fellows
Scientific Society

• Price: < 35 yrs = 30 Euros annually
  > 35 yrs = 50 Euros annually

• More information: http://www.clinhp.org/scientific-society
International HPH Network

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